

TEACHER TRAINING PROGRAMME APPLICATION FORM 2018

Still Flowing Yoga Teacher Training course is accredited by the Yoga Alliance by fulfilling all of its requirements. For full information about the course please refer to the website www.stillflowingyogateachertraining.com

200 hr level Yoga Teacher Training Program

Name:	<input type="text"/>	Home Phone:	<input type="text"/>
Address:	<input type="text"/>	Work Phone:	<input type="text"/>
Email:	<input type="text"/>	Birth Date:	<input type="text"/>

On receipt of this application together with the application fee noted below of £45, Still Flowing Yoga will review the application and respond to you within 7 days. If your application is approved, you should register and submit the required £415 registration fee within 14 days of receipt of the approval to secure your place.

On the registration and fees page on the website, you will find a comprehensive breakdown of the fees and how to pay them.

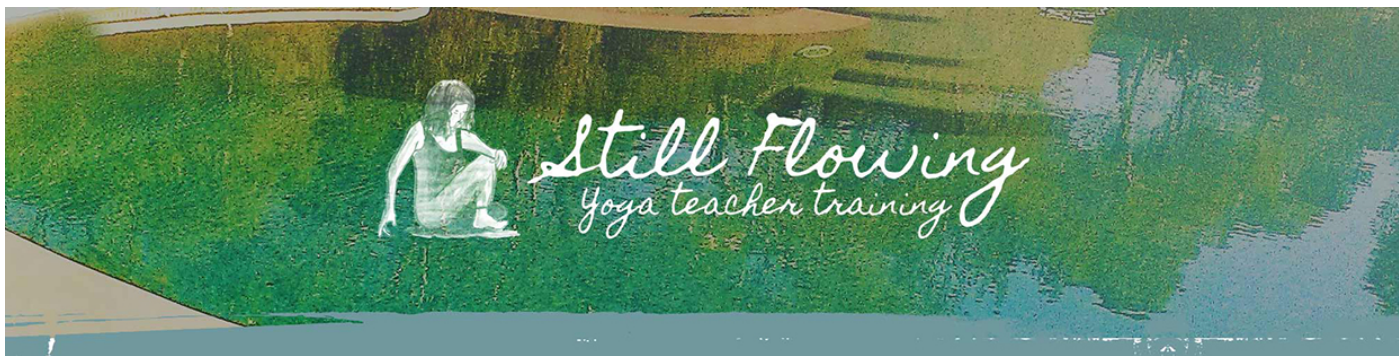
Please initial to confirm that you have read and understood the above. **Initials:**

How did you hear about Still Flowing Yoga Teacher Training?

*Please tick the applicable box(es), and fill in the line with the name of the source/person ie. "Google"

<input type="checkbox"/> Search Engine:	<input type="text"/>
<input type="checkbox"/> Another Website:	<input type="text"/>
<input type="checkbox"/> Personal Recommendation:	<input type="text"/>
<input type="checkbox"/> Newspaper/Magazine:	<input type="text"/>
<input type="checkbox"/> I don't remember.	

What are you expecting to learn from the Teacher Training Program



QUESTIONNAIRE FOR POTENTIAL TEACHER TRAINING CANDIDATES

1. What is your educational background? – brief details are fine

School:

College:

University:

2. What is your employment history?

a) Most recent b)

3. Please give employer references?

Name: Contact number:

4. Please give character reference?

Name: Contact number:

5. Please give reference from your yoga teacher?

Name: Contact number:

6. Please provide information regarding your physical health?

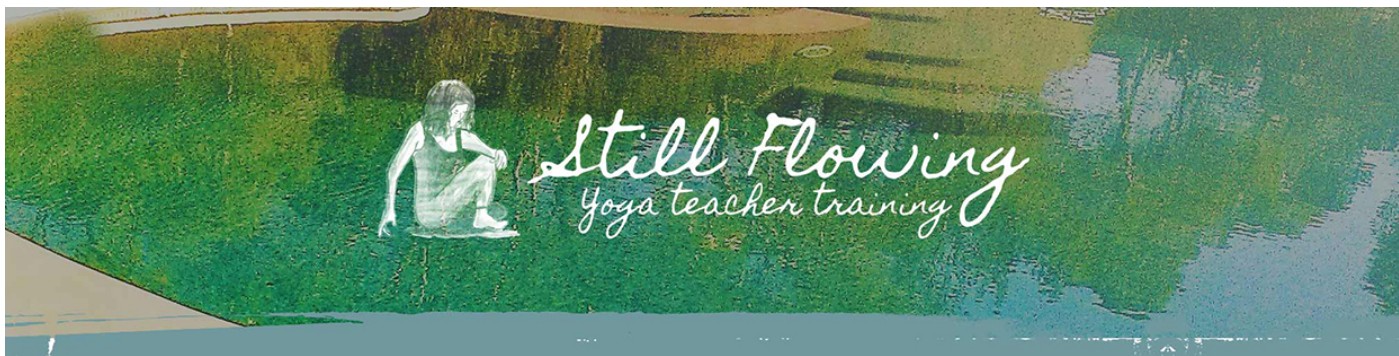
a) Date of last physical check up?

b) For internal safety reasons, please provide details about possible concerns?

7. Are you physically active?

Yes No

If yes, please provide details on the type of sport or activity.



8. Please provide an emergency contact name and phone number for:

a) Personal:

b) Medical:

9. Please provide details regarding past and recent injuries?

This set of questions below are purely so we have the complete information necessary to teach you safely and so we can better understand the process a student might find themselves in. These questions are not designed to exclude any applicants. It is very important that if a student is on medication or has a current issues with alcohol or drugs that the teaching faculty are informed so we can give the appropriate support.

NB. The programme often takes place in a remote, secluded, retreat environment with little other distraction. This programme may not be appropriate neither in its location or due to the programmes length and intensity for students with mental health issues.

10. Are you taking any medication?

Yes No. If so please provide details:

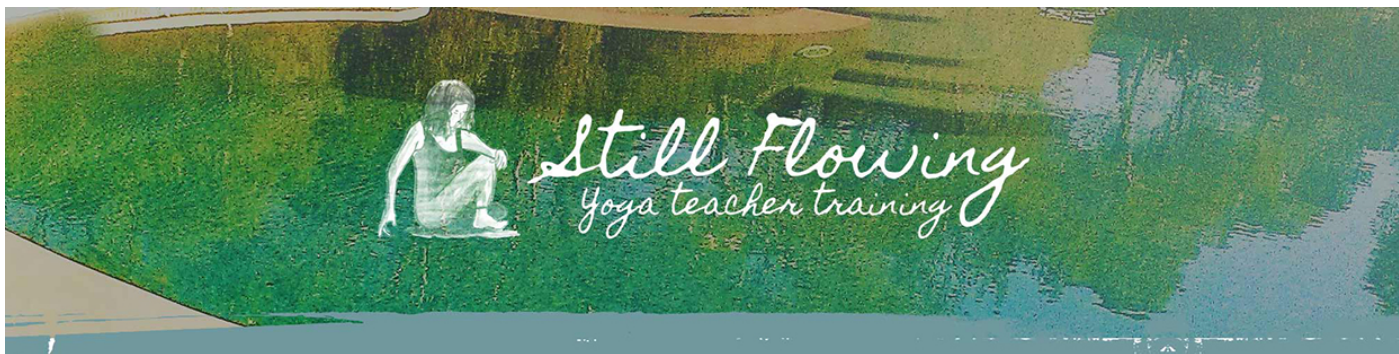
11. Have you ever suffered from any mental health issues such as depression, anxiety, bi polar disorder, paranoia or attention deficit disorder ?

12. Do you or have you had any sleep difficulties?

13. Do you have any food intolerances, allergies, digestive issues or eating disorders?

14. Have you ever had a drug or alcohol habit and if so, please state what, when and for how long. If you are in recovery, for how long have you been in recovery?

15. How many units of alcohol do you drink per week if any?



16. Are you a meat eater, fish eater, vegetarian or vegan?

17. Have you had any traumatic experiences (old or recent) that we should know about?

18. (If female) Are you pregnant? Yes No

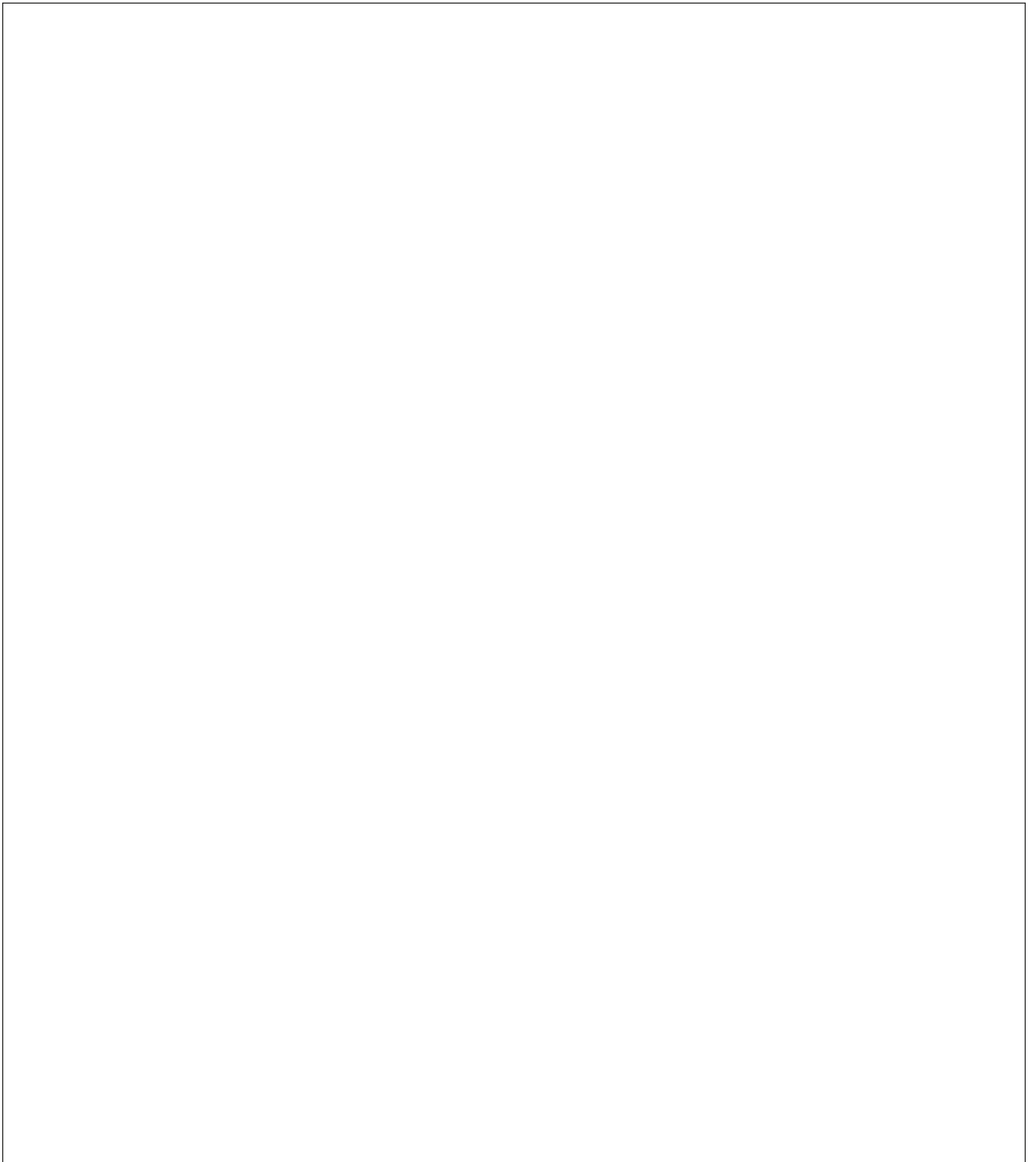
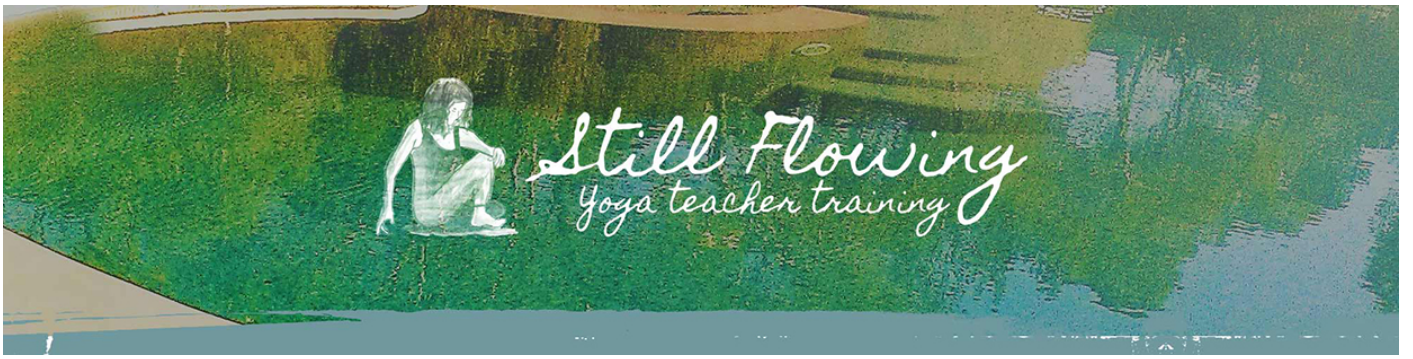
19. Do you practice meditation?

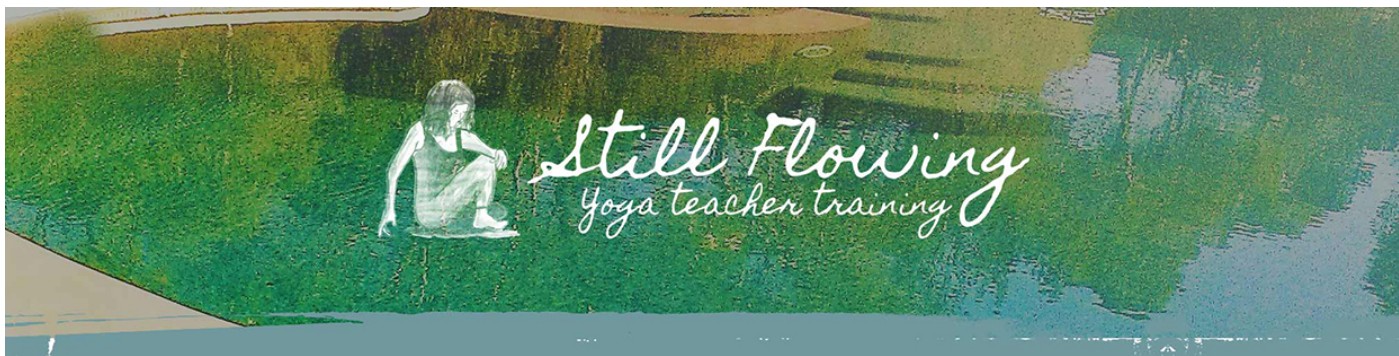
Yes No If yes, what style do you practice?

20. Use 3 adjectives to describe your relationship with yoga/meditation?

Please tell us about yourself by filling the next page summary including the history of how and when you started yoga, the styles you have practiced, and why you are interested in this course.

- The Teacher Training Program is intensive and you must attend the **entire** program and **complete all** projects as assigned in order to obtain your certification.
- Graduation and certification as a yoga teacher is **ultimately** subject to approval by the Director of the Teacher Training Programme.
- On full completion of the 200 hr course (full attendance, practicum (to the required standard) and written/practical assignments) along with approval by all teachers on the faculty, you will be presented with an internationally recognized Yoga qualification.
- This is a 200 hr Yoga Training Certificate issued by Still Flowing Yoga Teacher Training with both the US Yoga Alliance (RYS 200 Hrs) and European Yoga Alliance stamps on it which are internationally recognised and will allow you to get insured.
- If the programme is not completed as outlined here above, certification will be withheld until the elements that are missing are completed. Students in this situation may be invited back to participate on another training programme to complete, or extra classes may have to be attended, more assignments completed, practicums presented and essays may be set in order to get the student up to the required level with a teacher trainer / mentor assigned to guide the completion process.
- All extra training hours will be at the cost of the student, not Still Flowing Yoga Teacher Training.





STILL FLOWING YOGA TEACHER TRAINING CANCELLATION POLICY

- If for any reason you cannot attend the course and have to cancel, the first payment of £415 is always Non-Refundable
- If you cancel 6 weeks or more before the start date £835 will be refunded
- If you cancel 6 weeks or less before the start date you will lose the whole payment
- The Director of the Training and Principal Teacher reserve the right to ask any student to leave the programme without refund at any time should they be causing themselves or the group, harm, harassment, or disturbance, not following the yogic code of conduct or in a fragile or unsafe state of body/mind (in which case they will be adequately supported to leave the training and get home safely)
- Once the programme has started Still Flowing Yoga Teacher Training issues no refunds for trainings.
- In the case of unexpected illness, students must recourse to their medical insurers for refunds for the cost of training and/or flights.
- In the case of compassionate grounds, if there is adequate space, students may transfer their fee to another programme this will be at the discretion of the Director.

By signing this form I agree to follow the rules set out by Still Flowing Yoga Teacher Training and I take complete responsibility for myself and my actions during my participation in the activities of this Yoga Teacher Training School in Spain and in the UK, and I also take complete responsibility for my actions during my free time when outside of the yoga school for the duration of the programme.

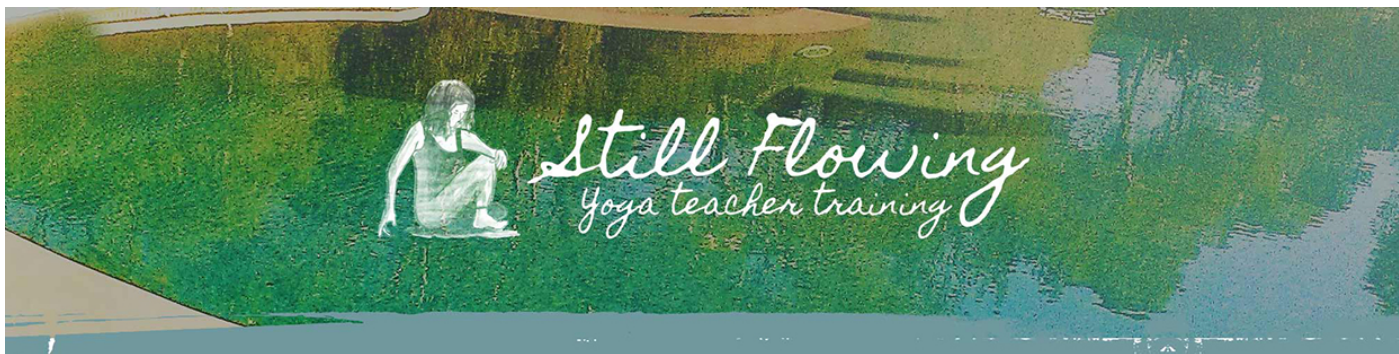
By signing below, you confirm that you have read and understood the above and that all information provided in this application form is true and accurate.

Failure to give true and accurate information on this form may result in you being asked to leave the programme with no refund, or further options to complete the training.

Signature:

Date:

Please also sign every page of the application form to verify that you are in agreement with the terms and conditions of the training.



Please attach a non-refundable application fee of £45 for our administration costs.

We accept credit cards, bank transfers or cheques – If you want to pay this fee by credit or debit card please go the website page to pay via PayPal: www.stillflowingyogateachertraining.com/application.html

To make a bank transfer please use details below:

NAT WEST BANK PLC

Account Name: **Gemma Mallol**

Account Number: **68665598**

Sort Code: **52-10-03**

BIC: **NWBK GB 2L**

IBAN: **GB84 NWBK 5210 0368 6655 98**

For International transfers outside of the UK please add €15 for bank charges to any transfer done.

If you want to pay by UK cheque please email Still Flowing administration for details on stillfowing@hotmail.co.uk

When you finish filling up this form please save it using the button below and add your full name to the document title. You can submit your application via post or email. You will need Acrobat Reader (or a similar app) to view and edit this form.